



# RETRIEVER REVIEW

DECEMBER 2009

WWW.LRCSOCAL.ORG

## PRESIDENT'S MESSAGE

Hi Everyone,

Mark your calendars for January 16, which is the date we have tentatively set for an informal conformation practice match with some new twists, an obedience show-and-go, and a lunch. Final details will be in the next Review and possibly sooner.

Here is a partial preview of our 2010 Specialties and judges panel. Both Specialties have been approved. I can tell you that, as always, our Obedience Trial will be limited to Labradors, and our Futurity will be held in conjunction with the Saturday Specialty (in addition to Sweepstakes). For this upcoming Specialty we will go back to our original conformation format of having a single judge each day for both dogs and bitches. So far I have received the AKC approval for only the Saturday judging panel, which is:

Mrs. Majvor Nasman (Alvgardens) all regular and non-regular conformation classes

Mrs. Diane Pilbin (Chucklebrook) all junior showmanship classes

Ms Bernadette Brown (Kings Ransom) all Sweepstakes classes and Maturity

Mrs. Janet Schoonover (CharDon) all Futurity classes

Mrs. Pamela Murphy all obedience classes

We are waiting on approvals for Rally (both days) and the Friday panels, but you can probably guess who they are.

Also, again, we have not been able to convince Lake Mathews KC to select a Sunday Labrador judge that we feel enhances the attractiveness of a three-day package, and consequently we will not be supporting the LMKC Sunday Labrador classes following our Specialty.

As I watch the flooding in the English Lake District, I am reminded to tell you about our plans to gradually develop a communications network that would assist club members with locating temporary shelter for their dogs in the event of a disaster that requires evacuation, or, heaven forbid, loss of their homes. At this time of year, disaster usually translates to wildfires, but in Southern California earthquakes, slides and floods are always a possibility. If you are interested in participating in this undertaking and can house one dog or more, can pickup and deliver, or are reliably reachable by phone or email on short notice, we need people in all areas where club members live. Please contact myself, Valerie Donahue, Celeste Young, Marty Rice, or Trudy Soneson for more information or to volunteer.

## INSIDE THIS ISSUE

OFFICERS .....2

MEMBERSHIP .....2

WINNER'S CIRCLE .....3

PUPULATION INCREASE .....4

EDITOR'S NOTE .....4

HUNT TEST RECAP .....5

WC RECAP.....6

ARTICLES .....7

Q&A with DR. SANCHEZ .....10

EVENT FLYERS .....12

CALENDAR OF EVENTS .....14

The Retriever Review is published monthly by the Labrador Retriever Club of Southern California. Contributions to the Review are accepted at the Editor's discretion, do not necessarily reflect the views of the Editor or of the LRCSC and are included as items of general interest only. Letters, Winners Circle, Pupulation Increase information for publication in the Review must be received by the Editor by the 3<sup>rd</sup> Friday of the month prior to publication.

*Jane*

2009 - 2010 LRCSC OFFICERS

|                         |  |  |
|-------------------------|--|--|
| President               | <b>Jane Babbitt</b><br>11149 Pickford Way<br>Culver City, CA 90230         | 310.391.3396<br>jane@norfieldlabradors.com     |
| Vice President          | <b>Marty Rice</b><br>755 E. Sierra Madre Ave<br>Glendora, CA 91741         | 626.335.9345<br>hawkettlabs@hotmail.com        |
| Treasurer               | <b>Joe Cook</b><br>336 E. 22nd St.<br>Costa Mesa, CA 92627                 | 949.548.8755<br>josephco@sbcglobal.net         |
| Recording Secretary     | <b>Trudy Soneson</b><br>1814 N. Mt. McKinley<br>Orange, CA 92867           | 714.685.1557<br>tsoneson@hotmail.com           |
| Corresponding Secretary | <b>Valerie Donahue</b><br>2 Ponderosa Lane<br>Rolling Hills Est., CA 90274 | 310.375.0261<br>vgdonahue@gmail.com            |
| Retriever Review Editor | <b>Celeste Young</b><br>3601 Palm Ave<br>Manhattan Beach, CA 90266         | 310.488.4085<br>finnmarksviddalabs@hotmail.com |
| Board Member            | <b>Denise Coler</b><br>18612 Sussex Rd<br>Riverside, CA 92504              | 949.295.1642<br>coleriverlabs@roadrunner.com   |
| Board Member            | <b>Diane Matsuura</b><br>915 E. Lemon<br>Glendora, CA 91741                | 626.335.8010<br>dmatsuura@canidae.com          |
| Board Member            | <b>Ron Morelos</b><br>2708 Canary Dr.<br>Costa Mesa, CA 92626              | 714.437.1282<br>ron.morelos@gmail.com          |
| Board Member            | <b>Margaret Standard</b><br>1192 Foothill Blvd.<br>Santa Ana, CA 92705     | 714.832.8549<br>mstanard@cox.net               |
| Board Member            | <b>Susie Terpstra</b><br>25531 Orchard Rim Lane<br>Lake Forest., CA 92630  | 949.586.2976<br>h20polomom@aol.com             |

Check us out on the web

[www.lrcsocal.org](http://www.lrcsocal.org)

Please direct any website related items to our webmaster: Ron Morelos

[ron.morelos@gmail.com](mailto:ron.morelos@gmail.com)



We're on Facebook!

Have you joined the LRCSC's email list at [yahoogroups.com](http://yahoogroups.com)? Share upcoming events and news with fellow LRCSC members via our own email list. This list is intended for the use of the members of the Labrador Retriever Club of Southern California. Please use this list to keep current members up-to-date on pertinent Dog News and Information.

It's easy to subscribe! Send an email to:

[LRCSC-subscribe@yahoogroups.com](mailto:LRCSC-subscribe@yahoogroups.com)

Contact Ron Morelos at [ron.morelos@gmail.com](mailto:ron.morelos@gmail.com) for any questions

### From the Membership Chair Celeste Young

[finnmarksviddalabs@hotmail.com](mailto:finnmarksviddalabs@hotmail.com)

WELCOME TO THE FOLLOWING  
NEW **ASSOCIATE** MEMBERS!

**Daniel O'Balles**

**Lynette & Bradley Glaum**

WELCOME TO THE FOLLOWING  
NEW **FULL** MEMBERS!

(none)

The following people have applied for **Associate** membership with the LRCSC and have had their application read to the board:  
(none)

The following people have applied for **Full** membership with the LRCSC and have had their application read to the board:  
(none)

*If you have any objection to the above mentioned persons joining the club, please voice your concern at the next Board meeting.*

Lab Rescue Organizations:  
Fetching Companions, Inc.

[www.fetchingcompanions.org](http://www.fetchingcompanions.org)

FCRR Message line 888.412.3382

[www.sclrr.org](http://www.sclrr.org)

[sclrr@sclrr.org](mailto:sclrr@sclrr.org)

PO Box 4188

Irvine, CA 92616-4188

1.888.55.4.ALAB





## *The Winner's Circle*

The Winner's Circle entries are any **1<sup>st</sup> place**, a **qualifying score or leg**, a **placement at a specialty or LRCSC supported entry**, or a **new title in the last three (3) months**. Non AKC titles will only be listed in regular format, but no individual wins for non AKC events will be listed. Please only submit title, date, and location where the title was completed. Match wins are not eligible for publication in the Retriever Review, but may be listed if space is available. Entries are listed in alphabetical order by the dog's registered name.

### *New Title!*

#### **MARKFLITE MAKEIN' WAVES UDRE**

(Ch. Visions The Life of Riley x Prospect Markflite Steam Heat CDX) Breeders Margaret Stanard & Trudy Soneson, Owner/Trainer Margaret Stanard

11/08 1st Place Utility (3rd leg and title) HDLRC Specialty Judge: Shirley Indelicato 185

(Thank you Wendy for your expertise, encouragement, and belief we could do it!!)

#### **LANDS END GETS WHAT SHE WANTS SH (pointed)**

( CH Brooklands Hampshire Bucky X CH Lands End Whatever She Wants CDX MH)

Breeder/Owner/Handler - Lauren Bullock

10/25 - Master Qualifying Leg - LRCSC Hunt Test

#### **LANDS END'S ON MY MIND**

(CH Nipntuck Hyspire Unforgettabel X CH Lands End Whatever She Wants CDX MH)

Breeder/Owner/Handler - Lauren Bullock

10/22 & 23 WB & BOS - Santa Ana Valley KC

11/1 – RWB/Best BBE - Antelope Valley Kennel Club

#### **BERGRABBen'S ROBINSON CRUSOE CD JH WC CGC**

(CH Tjotte's Broken Arrow X NUCH NVCH SVCH Bergrabben's Drizella)

Owner: Celeste Young, Handler: Kenneth Griffith

11/14 WD, BOW & BOB - San Luis KC, Judge: Marsha Hall Brown

#### **BELGAIRN DANTINA DEENA CINDERELLA CD, RN, RA, WC**

(CH BELGAIRN WHISTLE STOP JACK SPARROW X CH LAYNEY'S LET FREEDOM SOAR)

OWNERS: DANNY & TINA LY

5/30 1st place Rally Excellent B Pasadena KC Judge Mrs. V Allison

8/1 1st place Rally Excellent B Antelope Valley KC Judge Mrs. Betty S.

Ribble

11/8 2nd place Rally Excellent B HDLRC Judge Mr. Kenneth B. Miller



## PUPULATION INCREASE

Only verifiable screening information will be listed and only certification numbers are provided. The following organizations will certify the certifications that they have issued. You must know either certification number of the dog or its AKC number. If no certification numbers are listed, it does not necessarily mean that the dog has not been screened. Prospective buyers should inquire for further information from the breeder of the litter.

### Canine Eye Registration (CERF)

317.494.8179      [www.vmdb.org/inquiry.html](http://www.vmdb.org/inquiry.html)

### Orthopedic Foundation of America (OFA)

573.442.428      [www.offa.org](http://www.offa.org)

### Optigen

607.257.0301      [www.optigen.com](http://www.optigen.com)

Note: These litter listings are provided as a service and information exchange for full members of the LRCSC. The listing will run in two (2) consecutive issues, only. One (1) extra month costs \$5.00, payable to LRCSC before the ad will run. No effort is made to verify the information provided, nor does the LRCSC as an organization enforce these litters. It is the responsibility of the consumer to certify information, ask questions, and evaluate guarantees and contracts as should be done before making any significant purchase.

### Black/yellow litter Born 8/31/09

Available: 1BM, 1BF

Contact Terri Boyle VENTURE RANCH LABS

760-379-4926 [harerzr@earthlink.net](mailto:harerzr@earthlink.net)

OR Sue Vose DELTA DAWN LABS 760 379-5135

Sire: Lawson's Best Man

OFA PRELIMS HIPS GOOD, OFA PRELIMS

ELBOWS CLEAR, CERF ANNUALLY

Dam: Venture-Deltadawns Classic Design

OFA HIPS LR-177316G31E-PI

OFA ELBOWS LR-EL40753F31-PI

CERF LR-51661/2009

### Black/yellow litter Born 9-30-09

Contact: Cheri Conway (541)723-2467

[forlabs@centurytel.net](mailto:forlabs@centurytel.net)

Sire: Thornwood's Above and Beyond

OFA hips LR-170289G24M-PI, OFA elbows LR-

EL36560M24-PI, CERF yearly LR-45716

Optigen A

Dam: Thornwood's Eclipse

OFA hips LR-161963E24F-PI, OFA elbows LR-

EL31996F24-PI, CERF LR-42628 yearly

### Chocolate litter, Born 10-2-09

Contact: Cheri Conway (541)723-2467

[forlabs@centurytel.net](mailto:forlabs@centurytel.net)

Sire: Ch. Thornwood's The Achiever

OFA hips LR-107026G24M-T, OFA elbows LR-

EL11008M24-T, CERF LR-22860 yearly

Dam: Thornwood's Anticipation

OFA hips LR-171497G24F-PI

OFA elbows LR-EL37254F24-PI

CERF LR-45719 yearly

### Black/Yellow litter 3BF 1YF 2BD Born 9/10/09

Contact Trudy or Eric Soneson (714) 685-1557

e-mail [tsoneson@hotmail.com](mailto:tsoneson@hotmail.com)

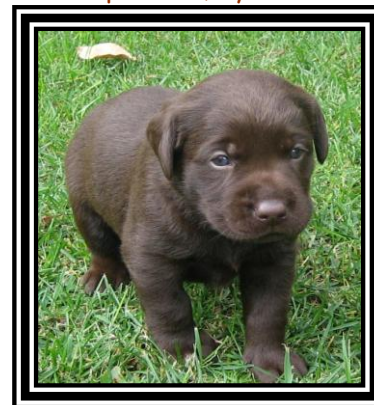
Sire: Ch. Prospect Bayside Storm Watch, CD, SH, WCX

OFA Hips Good, OFA Elbows Normal Optigen Normal

CERF Annually, Heart Normal

Dam: Cookie's Best Girl

OFA Hips Good, Eyes Normal



### EDITOR'S NOTE:

*The holiday's are upon us but it feels like summer! I'm not complaining - it gives me more of an opportunity to be outdoors with my trusty companions. We're still training hard for Open... Perhaps someday we'll be ready for a trial! LOL!*

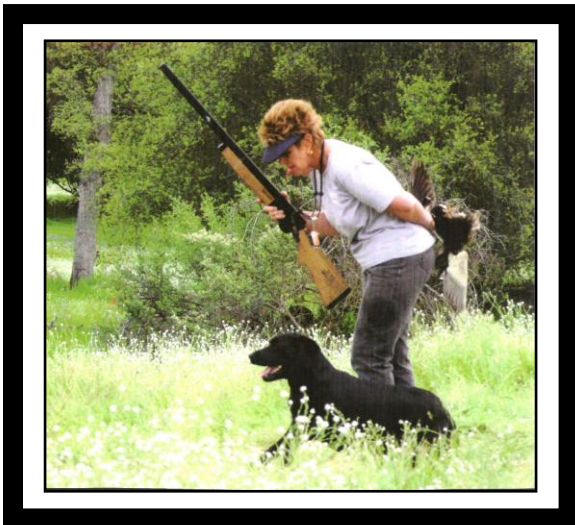
*Reflecting upon the events & happenings of this year, this holiday season I am very thankful for what I have and what I have accomplished. Even though we didn't obtain a title, I am proud of my dogs and the bond that we have strengthened between us.*

*I hope that I have been able to bring you the information you want as well as a bit of fun in YOUR newsletter, this year. All of your ideas, articles, photos, brags, & pupulations that you send in are greatly appreciated.*

*I wish you all a VERY Merry Christmas and a spectacular 2010! God Bless you and your families - bi & quadru-peds, alike! -- Celeste*

# LRCSC Fall 2009 Hunt Test Recap

The LRCSC had the fall hunt test on October 24-25 and it was another great event. The one small problem was that the test fell on the opening day of duck season, so there were a few disgruntled hunters that had to choose between the two. One handler told me on Sunday, that he should have come to the test on Saturday, as he would have had more live flyers at the test then he saw on Saturday at the Salton Sea! This conflict does not happen very often. The LRCSC is locked into the dates for years, and the Dept of Fish and Game, changes the dates each year. Hopefully, it will be a long time before this happens again, as Wendy and I were pretty tired of hearing about it by the end of the weekend.



That aside now, the entries were a bit lower in Master than usual, but Senior and Junior had good entries. Total entries were 132 dogs, broken down to 25 Master entries, 31 Senior entries, and 79 Junior entries.

The judges for Master were Cynthia Trotter and Bernadette Brown, from South Carolina. For those of you who did not have a chance to meet her, she will be back in the Spring to judge Sweepstakes at the 2010 Specialty. JR/SR judges were Ed and Candy Ferner and Kate Urquidi and our club member Linda Brooks.

Susie Terpstra put on a huge raffle and in addition to all the great prizes, member Steve Stevens donated a day of hunting at his duck club in Niland. This was a special raffle and each person paid \$10 for a playing card. This was torn in half and then a random card was drawn. The winner was our young helper Wyatt, who is trying

to earn and save money to buy his own shotgun! Dinner was served and all had a fun time.

The club members that qualified are:

## MASTER-

Autumn's Dark Star - Joanne Perler  
 Diamond Bar Slight of Hand MH - Jennifer Evans  
 Watermark's Instigator MH - Steve Raney  
 Jetta Nuit CDX SH - Janey and Larry Saavedra  
 Lands End Gets What She Wants SH - Lauren Bullock  
 Augustus Class V at Sealion CDX MH - Wendy Pennington

## SENIOR

Froghollow's Cunoran Rebel - Steve Raney  
 Raney's Coming up River JH - Steve Raney  
 MV Prairie's Simply Sue - Steve Raney  
 Longplain Sequitor JH - Jeanne Fowler (Title)

## JUNIOR

Raney's Ria De Latte - Steve Raney (Title)  
 Lands End Lady A La Mode - Trevy Winterstrom (Title)  
 Baysides Is That Savvy RA CD - Kristina Cordiero  
 Brandymere Bayside Tub "O" Joe - Charlene Cordiero

CONGRATS TO EVERYONE!

The next hunt test is in April 2010 and I hope to see a few new faces.

I would like to thank everyone who helped with the event as it takes many hands to put on a test. Wendy Pennington donates her time and effort as HT chairman year after year, and brings so much knowledge and experience to the event. Margaret Stanard faithfully volunteers every test to bring the lunches and make sure all the test stakes have coolers full of beverages for the judges and helpers. There were new members that also came out to help and volunteer their time also. We had many gunners that spent their entire day in the field shooting. These events take people to put them on as do our Specialty. We always need more people and thanks again to those who help each time.

See you in the spring.

Lauren Bullock  
 Hunt Test Secretary

## Working Certificate Recap – Fall 2009

We had a great turnout for the Fall Working Certificate test! Thank you to all of our entrants and to our volunteers who helped to make the event possible. A special thanks to Kurt Kemper, gunner extraordinaire! Thank you also to our volunteers who worked the popper/thrower stations, all of whom were running their pups in the test.

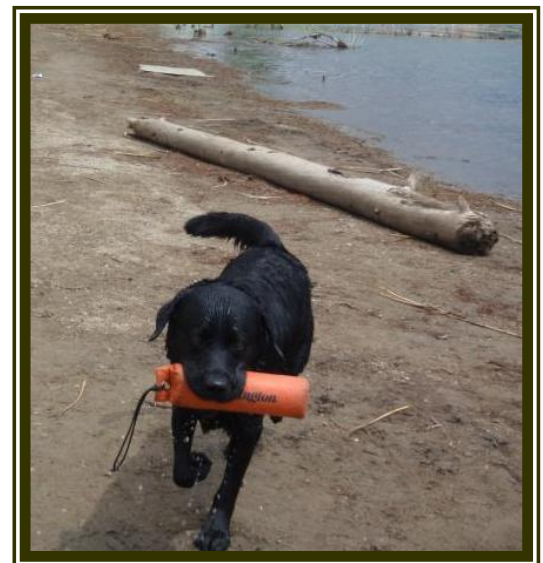
It was a beautiful day, and our esteemed judges, Eric and Trudy Soneson, put together a great test for our young and/or inexperienced dogs. We had 13 WC entries and 2 CAWA entries for the day. It was fun watching the dogs, many of whom had never been in the field or seen a bird just a few short weeks ago, do what comes naturally to them. Even more fun was seeing the faces of the proud and surprised owners as they watched their precious pups "bring their birds home for dinner".

Here is a list of our WC and CAWA qualifiers:

| <u>Dog</u> | <u>Test</u> | <u>Owner/Handler</u>                  |
|------------|-------------|---------------------------------------|
| Logan      | WC          | Jason Armison & Diana Kudell          |
| Moon       | WC          | Christine Valdez                      |
| Tucker     | WC          | Maribel Acedo                         |
| Blarney    | WC          | Candy Templeton                       |
| Solo       | WC          | Christine Valdez                      |
| Buck       | WC          | Janene Edmisten                       |
| Boone      | WC          | Sandy Forkert                         |
| Kate       | WC          | Christine Valdez                      |
| Rumble     | WC          | Bryan & Tania Brodowski               |
| Tessa      | WC          | Brad & Lynette Glaum and Karen Lawson |
| Deena      | WC          | Danny & Tina Ly                       |
| Max        | WC          | Margaret Stanard                      |
| Gunnar     | CAWA        | Cynde McLaren                         |

Congratulations to you all! Now on to Junior Hunter training!!

Denise Coler  
LRCSC WC/CAWA Chairperson



# TURKEY TALK

Courtesy of <http://dogtime.com/safe-thanksgiving-with-dog.html>

Thanksgiving is not just for people. Some of the bounty filling your plate this holiday is good for your dog too, says a growing contingent of nutrition-oriented veterinarians. [Turkey](#), green beans, pumpkin, carrots--it's all protein and fiber your dog thrives on.

"Dogs' [nutritional needs](#) are fairly similar to people's," says Jean Hofve, a recently retired holistic vet from Denver. "If you're eating well-balanced, healthy, unprocessed food, your dog's plate should look a lot like yours."

People have been feeding table scraps to dogs since the first canine began hanging around the village campfire. But [sharing food with your dog](#) hasn't been as popular since--until a recent recall of more than 60 million cans of pet food.

The incident prompted many people to rethink their dog's diet and look for sources they could trust. In the weeks following the recall a dog food cookbook made [Amazon's](#) top 10 bestseller list for the first time ever, and one [pet recipe](#) website, [BalanceIt.com](#), estimates their sales quadrupled.

"People want better, fresher food for their pets, and they're making it themselves," says Grant Nixon, a British Columbia veterinarian and co-author of *Better Food for Dogs*, who estimates that five to ten percent of his clients started cooking for their pets during the recall.

## *Not necessarily comfort food*

Being able to trust what goes into [your pet's food](#) is appealing. But before you scrape your plate of food into your dog's bowl, consider this: a sudden switch from kibble to people food can make your dog very sick.

"Every Thanksgiving, we usually see five or six dogs come in with [vomiting](#) or [diarrhea](#)," says Grant Nixon. "If you ate nothing but bread and water and then someone gave you a steak, it'd upset your stomach, too." Nixon advises easing your dog into a home cooked regimen slowly.

A bigger challenge to regularly serving your dog home-cooked fare is making sure it includes the right nutritional balance. Buying [commercial food](#) is not only convenient, most brands are formulated to give your dog appropriate amounts of protein, fat, fiber, and other nutrients with each meal.

## *Worth the trouble?*

Depending on who you ask, cooking for your dog either requires a degree in veterinary nutrition, or some [healthy ingredients](#) and a little common sense. Both Nixon and Hofve agree that, once you've figured out the right proportions and amounts, it's not rocket science. "It's kind of like cooking for another child," says Nixon.

Experts advise basing meals around meat, with the rest split between vegetables and whole grains. Your [vet](#) or a veterinary nutritionist can offer further guidance, especially since a dog's exact nutritional needs varies with [age](#), size, [breed](#), [activity level](#), and special needs, such as [allergies](#).

Is it worth the extra effort? For people uneasy about what goes into kibble and cans, the answer is yes. For others, a high-quality store brand with human-grade ingredients gives them peace of mind.

Or there's the middle-of-the-road solution: high-quality dry food supplemented with a little meat, fish, vegetables, eggs, cheese, or whole grains from their own plates. And on Thanksgiving day, a nice slice of turkey.

## SPORTSMANSHIP

By Diana Kerew

*"The sport of purebred dog competitive events dates prior to 1884, the year of AKC 's birth. Shared valises of those involved in the sport include principles of sportsmanship. They are practiced in all sectors of our sport: conformation, performance and companion. Many believe that these principles of sportsmanship are the prime reason why our sport has thrived for over one hundred years. "*

- Preface to the AKC Code of Sportsmanship.

This subject of good sportsmanship seems to be in the air, lately. Last year, at our annual UKC trials, the runs in Open A were nothing short of disastrous. Dog after dog failed in spectacularly awful fashion. For example, as the judge cheerfully informed me upon my return to the ring, Rennie held her sit-stay for 2 minutes, 59 seconds. Of course, it hardly mattered, because in her very first exercise, the honor, she sat up as I was returning to heel position, thus rendering her entire run a useless afterthought. "I NQ'd, didn't I?," I called to the judge as I pulled into place. "Yup," he said. Then we both laughed. Not one dog qualified that morning. But what stuck with me was the judge's speech at the end of the class, as he stood in the ring empty-handed. He thanked us all... for our good sportsmanship. At the Celeste Meade seminar, Meade described how the OTCH handlers in her neck of the woods (New England) try to help the Novice A people with warm-ups at shows. She said they recognize that it is their responsibility to help the newcomers out and encourage them to go on in the sport. You could hear a loud thump as, all over the room, jaws hit the floor in astonishment. At a recent show, AKC Field Representative Larry Warshaw was seen doing something truly unusual: He was handing out copies of the AKC Code of Sportsmanship to competitors. And we're not talking about beginners, here; he was targeting the most experienced handlers. Stories of cheating in the ring abound. Here are several acts of appalling misbehavior that I have witnessed recently with my own eyes. For the record, it's not okay to go to the show site the night before, work your dog in the Utility ring, and put food on the ring posts to use as a go-out target! It's not okay to watch your dog foul the ring, realize that a jump has obscured the judge's vision, and continue around the Rally course as if nothing has happened! And it's not just blatant cheating that mars our sport; there's also a disheartening lack of civility from some competitors. When did yelling at the judge because you didn't like your score become acceptable behavior? How about grousing (loudly) that the judge must be an idiot when he placed someone over you? What gives? Have we forgotten we are involved in a

sport? That a sport is a game? Have too many of us been channeling our Inner Vince Lombard! ("Winning isn't everything; it's the *only* thing."), and forgotten that this is play? Part of learning to play a game, we are taught in school, is learning how to lose graciously; how to persevere and try to overcome obstacles; how to strive for our personal best, even when we aren't winning. Did we check all that at the door, when we entered the world of dog sports? AKC prints its Code of Sportsmanship in every rule book. It's every bit as important as what height at which to set the jumps, how to score the Moving Stand or the duties of the Steward during the Rally Honor Exercise. I have come to the conclusion that more of us should be reading it (apparently, so has Larry Warshaw), so I reproduce it here. Just note that its reference to "pure-bred dogs" will surely change, now that mixed breeds are being welcomed into competition. Therefore, for the purposes of this article, I have eliminated those words.

- *Sportsmen respect the history, traditions and integrity of the sport of dogs.*
- *Sportsmen commit themselves to values of fairplay, honesty, courtesy and vigorous competition, as well as winning and losing with grace.*
- *Sportsmen refuse to compromise their commitment and obligation to the sport of dogs by injecting personal advantage or consideration into their decisions or behavior.*
- *The sportsman judge judges only on the merits of the dogs and considers no other factors.*
- *The sportsman judge or exhibitor accepts constructive criticism.*
- *The sportsman exhibitor declines to enter or exhibit under a judge where it might reasonably appear that the judge's placements could be based on something other than the merits of the dogs.*
- *The sportsman exhibitor refuses to compromise the impartiality of a judge.*
- *The sportsman respects the AKC bylaws, rules, regulations and policies governing the sport of dogs.*
- *Sportsmen find that vigorous competition and civility are not inconsistent and are able to appreciate the merit of their competition and the effort of competitors.*
- *Sportsmen welcome, encourage and support newcomers to the sport.*

*(Cont'd on page 11)*



## **Where's The Beef? B.A.R.F. Feeding For Dogs**

*Pet Article courtesy of <http://pet-articles.blogspot.com>*

Dogs are prey animals that existed in the wild as carnivores eating primarily raw meat and bones. Wild dogs rarely ate grain and that helped them to stay lean and mean. Dogs today are our beloved pets but they are still carnivores and many people believe that they should be fed the same diet that wild dogs once ate. Unfortunately, most commercial pet food is filled with grains and chemicals that experts say may account for the rising rate of skin allergies, gastrointestinal problems and cancer.

An alternative to chemical laden commercial foods that poisoned pets in 2007 is the B.A.R.F. (Biologically Appropriate Raw Food) Diet. The B.A.R.F. diet is controversial yet millions of people have switched to this way of feeding their dogs. Read on to discover some of the facts and controversies surrounding this popular method of feeding dogs.

### **What Is The B.A.R.F. Diet?**

A Veterinary Surgeon in Australia, Dr Ian Billinghurst, created the B.A.R.F. diet and recommends that owners feed their dogs bones, fruits, vegetables, meat, eggs and dairy. His theory is that it is better to feed a dog completely raw food, imitating the types of food eaten by their wild ancestors.

### **What Food Can I Feed My Dog On The B.A.R.F. Diet?**

There is much controversy in the B.A.R.F. community about what is included in the diet. Dr. Billinghurst states that vegetables and fruit are appropriate food to feed but others disagree. Most would agree that raw, meaty bones meat are a staple of the diet and that includes beef, chicken, deer, duck, game birds, goat, pork, lamb, fish, rabbit and veal. Some of the more controversial foods include eggs, vegetables, fruit, dairy, cooked cereals and supplements.

### **What About Handling Raw Food?**

You should wash your hands before and after handling raw meat just (or wear disposable gloves) as you would while preparing food for humans. Be sure to disinfect cutting boards and countertops where meat is prepared. Many people believe that the dog digestive system is not as susceptible to salmonella, e-coli and parasites as humans. Many vets disagree.

### **How Much Food Is Fed Each Day?**

On the B.A.R.F. diet dogs are fed according to their energy level. If your dog is very active it should be fed 2 to 3 % of their weight every day. A less active and more sedentary dog would get fed approximately 1% of their weight every day. This is not a precise measurement so it

should be adjusted as your dog adapts to eating raw food. You should plan on feeding three or four times a day and preparing meals in advance.

### **What Are The Benefits Of Feeding Raw?**

There is no scientific evidence that supports added benefits from feeding your dog raw food, but there have been many studies showing that commercial food is poisonous to our pets. People who are feeding their dogs raw food report that they save money and their dogs have less body odor, less bowel movements, cleaner teeth and reduced illnesses and medical costs.

### **Can Every Dog Eat Raw?**

The simple answer is no. Most healthy dogs can adapt to raw food but dogs that are very old or that have chronic and serious illnesses may not be appropriate candidates for this type of diet. Some dogs will simply refuse to eat raw food. You should talk to your vet before the switch but be prepared for the doctor to discourage you from making this decision. Some veterinarians are heavily influenced by commercial pet food companies because they make a great deal of money selling the product. Ask your vet if any patients feed their dogs raw food and ask if they experienced problems adjusting to the change in diet.

*(cont'd on page 11)*

# Q&A

with Dr. Darlene Sanchez



"Dr. Sanchez earned her BS in Animal Science at Cal Poly Pomona in 2005 & her Doctor of Veterinary Medicine Degree at Western University of Health Sciences in 2009. Dr. Sanchez has written several articles on topics such as caring for geriatric pets, spaying & neutering, and microchipping. Her species of interest include cats, dogs, equine, camelids and small ruminants (sheep and goats). and her disciplines of interest include dentistry, reproduction and ultrasound. She is a member of the AVMA, CVMA, AAEP, SVT, AAHA & the LRCSC. "

**Animal & Bird Hospital**  
 3195 Hamner Ave.  
 Norco, CA 92860  
 (951) 371-7120  
[www.animalandbirdhospital.net](http://www.animalandbirdhospital.net)

If you have any questions for Dr. Sanchez, please send them to the Editor at:  
[finnmarksviddalabs@hotmail.com](mailto:finnmarksviddalabs@hotmail.com)

## I am having trouble calculating the best time to breed my bitch. How should I properly calculate the best time to breed?

When your bitch comes into heat you will first notice a swollen, turgid vulva with a blood tinged discharge. This first stage of the estrous cycle is known as Proestrus. It usually lasts about 9 days (but it can vary). The point at which she enters the next stage of the estrous cycle is called Estrus, and it begins with a peak in Luteinizing Hormone (LH). This is known as "Day 0" and is the best way to calculate when to breed. However, because it is a very sudden and quick peak, it can be missed by a daily LH test. Therefore these are the recommended protocol of board certified reproductive specialists: Start doing daily LH tests about 3-5 days after Proestrus is first noticed. Because there is a chance you may miss the LH peak, it is important to indirectly monitor the LH peak by simultaneously doing a Progesterone test and vaginal cytology every other day. At the time that the LH peak occurs, the hormone Progesterone is expected to be about 2-3 ng/ml and will steadily increase. In addition, the changes from Proestrus to Estrus (the time of the LH peak) can also be monitored by noting the changes in cell types present on a vaginal swab. If the LH peak is directly caught on an LH test, then that date can be used as "Day 0." Otherwise, the combination of the Progesterone tests and vaginal cytology can be used to indirectly calculate the LH peak. Once you know "Day 0," you can expect ovulation to occur in 2 days (on "Day 2"), when Progesterone is about 4-10 ng/ml. However, because dogs ovulate immature ova, you must wait an additional 2 days for the ova to mature on "Day 4," when progesterone is 10- 12+ ng/ml. Between "Day 4 and 6" are the most fertile time for your bitch. If you will only breed once, breed on "Day 5." If you will breed twice, breed on "Day 4 and 6." This will maximize your litter size. There is no need to breed more often. If you want to confirm that you did in fact catch the LH peak and thus breed at the correct time, you can continue doing vaginal cytology until you reach the next stage of the estrous cycle, Diestrus, which will occur on "Day 8." Although nothing can be changed at this point, it will give you piece of mind that you did in fact breed at the most fertile days possible. If you find out you missed the LH peak, you can use this knowledge to better calculate the LH peak at the next estrous cycle.

## My postpartum bitch has developed a very swollen mammary gland. I was told by my veterinarian it was mastitis and he sent her home on antibiotics. What should I know about mastitis? Will it affect the nursing puppies?

Mastitis is defined as inflammation of the mammary tissue. It is usually infectious in nature and primarily affects postpartum bitches. It can affect one or multiple mammary glands. In addition, it can spread from one gland to another. There are two forms that can occur. In the acute form, the bitch will show systemic signs of illness such as lethargy, fever and loss of appetite. In the chronic form, the bitch may show no signs of illness, but the puppies may show a failure to thrive. Because of this, mastitis can absolutely affect your puppies. With either form of mastitis (but particularly in acute mastitis), one or more of the mammary glands will be very swollen and warm to the touch. In extreme cases, the tissue will may die and become green, black and/or abscessed. It can become life threatening if not treated appropriately. Mastitis of either form requires veterinary attention. You will likely be sent home with antibiotics, anti-inflammatory/pain relieving drugs and be instructed to do frequent warm compresses.

## The holidays are around the corner. Is there anything in particular I should do to keep my dogs safe?

Yes. The biggest concern around the holiday season for dogs is getting in to items they should not get into. These include food items such as chocolate, bones and all of the delicious, fatty leftover holiday dishes; as well as non-food items such as ornaments,

**Sportsmanship***(Cont'd from page 8)*

- *Sportsmen will deal fairly with all those who trade with them.*
- *Sportsmen are willing to share honest and open appraisals of both the strengths and weaknesses of their breeding stock.*
- *Sportsmen spurn any opportunity to take personal advantage of positions offered or bestowed upon them.*
- *Sportsmen always consider as paramount the welfare of their dog.*
- *Sportsmen refuse to embarrass the sport, the AKC or themselves when taking part in the sport.*

Despite the slightly flowery language, these aren't difficult concepts to grasp. As "Sportsmen" (Sports people? Sports humans? Sports men and women?), we have an obligation to a tradition that goes back over 100 years. We are expected to:

- Value and practice fair play.
- Be honest and courteous.
- Behave graciously, win or lose.
- Behave ethically, without thought to personal advantage.
- Accept constructive criticism.
- If we don't like a judge, we don't complain or argue: We simply don't show under that person again.
- We don't try to influence the judge, beyond giving our best performance.
- We respect the rules.
- We recognize that competition and civil behavior are not mutually exclusive concepts.
- We welcome and encourage newcomers.
- We are fair and honest in our business dealings.
- We put our dogs' welfare above all else.
- We try not to embarrass ourselves, or our sport by our behavior.

It seems to me that these are pretty good values, and that we would actually enjoy the heck out of our sport if all of us put them into action. We would go to a trial or show confident that we were on a level playing field, that everyone was doing their best to be fair and play by the rules, that no one was going to insult us or attempt to throw us off our game, and that all present were there to enjoy the competition and accept the decisions of the judge on that day, without complaint or discord. Now, wouldn't that be fun? That's all for now. Have a good month, everyone.

*Reprinted with permission from the WLAOTC Newsletter*

◆──◆  
**Q&A with Dr. Sanchez**  
*(Cont'd from page 10)*

ribbon, wrapping paper and holiday plants. Ingestion of these items may make you pet extremely sick and even result in death, so the most important thing you can do for your pet this holiday season is keep them away from these items. Non-food objects and bones can easily cause a foreign body obstruction which may require surgery. The primary signs to look for are vomiting and lethargy. Fatty foods can result in pancreatitis (inflammation of the pancreas) which is a very painful condition that also results in vomiting and lethargy. In addition, holiday plants like Poinsettias, Mistletoe, Holly, Amaryllis Bulbs, Christmas Trees and Christmas Tree water can be toxic or cause gastrointestinal irritation. Finally ingestion of chocolate can result in chocolate toxicity. More information on chocolate toxicity can be found the October issue of The Retriever Review. If you suspect any of these holiday complications in your pet, do not delay getting veterinary attention immediately.

◆──◆

**Where's the Beef***(Cont'd from page 9)***Are There Any Side Effects?**

Again, this is anecdotal information but many people report a detox stage in feeding raw food. This means the dog is adjusting to the diet and getting rid of toxins in their body. Symptoms your pet may display include vomiting, diarrhea, bad breath and itchy skin. Supplementing your pet with Vitamins C and E may help. If your dog has these symptoms for more than three days after switching diets, take them to your local vet. Ask your vet about the best method for changing your dog's diet.

Raw feeding is not for every dog nor will it work for every owner. Be careful whenever you change the diet of your pets. Some proponents of raw food insist that a "cold turkey" switch is better but most vets will disagree and say changes should be made gradually. Educate yourself by doing research and reading some of the great books available on raw feeding before making the switch.

© 2008, Davis Virtual Assistance. All rights reserved. Reprints welcomed so long as the article and byline are not changed and all links are made live.

Bonnie Jo Davis is an animal lover who is active in animal rescue. She is the author of "50 Fantastic Recipes For Dogs" and "50 Fantastic Recipes For Cats" and created these downloadable cookbooks for those people who want to feed a more natural diet but do not want to handle raw meat. More information is available at <http://www.dog-and-cat-food.com> and other recommended pet e-books are available at <http://www.dog-and-cat-food.com/petebooks.htm>



The English Cocker Spaniel Club of Southern California



AKC Sanctioned

# SPORTING GROUP "B" Match

Saturday, December 5th, 2009

Following Best In Show Judging at Shoreline Kennel Club

(2 Rings)

Conformation 3-6, 6-9, 9-12 Months

DAY OF SHOW ENTRIES ONLY

\$5 PER CLASS

Match Secretaries - Kim Estlund & Dr. Bruce Barrett

Contact: [kimestlund@aol.com](mailto:kimestlund@aol.com)

Toys will be offered for Best of Breed



## \$50 CASH to Best In Match



Ribbons to 4th Place in each class

### ENTRY FORM

BREED \_\_\_\_\_ SEX \_\_\_\_\_ BIRTHDATE \_\_\_\_\_

CLASS \_\_\_\_\_

DOG NAME \_\_\_\_\_

OWNER'S NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_



*I (We) agree to hold this club, its members, officers, and agents harmless for any claim for loss or injury which may be alleged to have been caused to any person or thing while upon the match grounds.*

SIGNED \_\_\_\_\_ DATE \_\_\_\_\_



# Papago Labrador Retriever Club



The Papago Labrador Retriever Club of Greater Phoenix Invites You To Our  
**Thirteenth Specialty Show and Fifth Annual All-Breed Obedience & Rally Trials**  
 Arizona State Fairgrounds (Indoors) Phoenix AZ

**\*\*\* 5 DAYS OF SHOWS - SAME LOCATION \*\*\***

Thursday February 4th 2010

PLRC All-Breed Obedience: **GAIL CARROLL**  
 All-Breed Rally: **JANICE DARTH**

**Show Secretary: (OBEDIENCE & RALLY ONLY)**

Brenda Rojas 20637 N. 16<sup>th</sup> Ave. Phoenix AZ 85027 (623) 582-8489 BrRojas@aol.com

ALSO ON Thursday February 4th 2010 Sporting Dog Association of Arizona *1<sup>st</sup> Group Specialty Show*  
 Labradors – **LINDA VAUGHN** (*Simmerdown*)

Friday February 5th 2010

Sahuaro State Kennel Club

Papago Labrador Retriever Club 1<sup>st</sup> Designated Specialty

Conformation: **CARL LIEPMANN** (*Triple L*)  
 Sweepstakes & Veterans: **DAN CLARK** (*Everwood*)

Show Chairman: Marilyn Little (928) 535-5385 okaklabs@frontier.com  
 PLRC Secretary: Judie Niece (480) 893-2283 k9lover02@hotmail.com

Saturday February 6th 2010

Sahuaro State Kennel Club

**JEFFREY PEPPER**

Sunday February 7th 2010

Lost Dutchman Kennel Club

**ROBERT SALSBUURY**

Monday February 8th 2010

Lost Dutchman Kennel Club

**HENRY WILLIAMS**

Superintendent: **Jack Onofrio** [www.onofrio.com](http://www.onofrio.com)  
 (for all shows except Feb 4th Obedience & Rally)

**Entries Close: Wednesday, January 20, 2010**

## CALENDAR OF EVENTS

### December

- 4 Shoreline DFA of OC – Costa Mesa
- 5, 6 Valley Hills OC – Van Nuys. Obedience & Rally
- 5 LRCSC Board Meeting – Denny's in Brea 6:30p**
- 5 English Cocker Spaniel Club Sporting Group "B" Match – See attached flyer
- 6 *Heart (Russell) echocardiogram – Lawndale. Contact 310.542.8018*
- 7 Malibu KC – Costa Mesa
- 9, 10, 11 Beverly Hills KC, Los Encinos KC & Long Beach KC - Long Beach Convention Center  
*CERF Eyes (Twitchell) – Long Beach. Contact: 818.996.0130 – Carol Esterkin*  
*Hearing BAER & Microchip – Long Beach. Contact: 818.710.8528*
- 12, 13 *Health Clinic – Long Beach: Heart Auscultation, hips/elbows/shoulder x-rays, patella luxation, thyroid blood test, micro-chip. Contact: www.showdogmed.com*
- 18 Deadline for Retriever Review submissions**
- 27 SWOC Obedience & Rally OC Match
- 30 *Eyes CERF – Upland. Contact: 909.949.9200*

### January

- 8-10 Palm Springs KC – Empire Equestrian Park and Polo Field, Indio  
*Health Clinic – Indio: Heart Auscultation, hips/elbows/shoulder x-rays, patella luxation, thyroid blood test, micro-chip. Contact: www.showdogmed.com*
- 9 LRCSC Board Meeting – Denny's in Brea 6:30p**
- 16 LRCSC Practice Match – Location TBD**
- 16 *Two Cities KC Seminar with Dr. W. Jean Dodds on Thyroid Disease & Vaccine issues – Location TBD*  
*Email [dogwood222@aol.com](mailto:dogwood222@aol.com) for more info*
- 22 Deadline for Retriever Review submissions**
- 22 - 25 Winterfest – Simi Valley, San Fernando, Ventura & Channel City KC – Seaside Park, Ventura
- 27 *Eyes CERF – Upland. Contact: 909.949.9200*
- 30, 31 Orange Empire Dog Club – San Bernardino

### February

- 4-8 Papago LRC Specialty – Phoenix, AZ (See attached flyer)
- 13 LRCSC Board Meeting – Denny's in Brea 6:30p**
- 19 Deadline for Retriever Review submissions**
- 20, 21 SDLRC – Del Mar
- 24 *Eyes CERF – Upland. Contact: 909.949.9200*
- 26 Obedience Club of SD – Del Mar. Obedience & Rally
- 27, 28 Silver Bay KC – Del Mar  
*Health Clinic – Del Mar: Heart Auscultation, hips/elbows/shoulder x-rays, patella luxation, thyroid blood test, micro-chip. Contact: www.showdogmed.com*

### March

- 5-8 Belgian Tervuren Club of SC – Oak Canyon Park, Orange. All breed Agility, Obedience & Rally
- 13 LRCSC Board Meeting – Denny's in Brea 6:30p**
- 19 Deadline for Retriever Review submissions**
- 19-21 Del Sur KC – Del Mar
- 24 *CERF Eye Clinic – Upland. Contact: 909.949.9200*
- 27, 28 Basset Hound club of SC – La Habra Heights Park. All breed Obedience & Rally
- 30, 31 Orange Empire Dog Club – San Bernardino

